

# January 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>27</b> PS: P ____ L ____ LR: P ____ L ____	<b>28</b> PL: P ____ L ____ SQ: P ____ L ____	<b>29</b> BR: P ____ L ____ TW: P ____ L ____	<b>30</b> PS: P ____ L ____ LR: P ____ L ____	<b>31</b> PL: P ____ L ____ SQ: P ____ L ____	<b>1</b> BR: P ____ L ____ TW: P ____ L ____	<b>2</b> REST
<b>3</b> PS: P ____ L ____ LR: P ____ L ____	<b>4</b> PL: P ____ L ____ SQ: P ____ L ____	<b>5</b> BR: P ____ L ____ TW: P ____ L ____	<b>6</b> PS: P ____ L ____ LR: P ____ L ____	<b>7</b> PL: P ____ L ____ SQ: P ____ L ____	<b>8</b> BR: P ____ L ____ TW: P ____ L ____	<b>9</b> REST
<b>10</b> PS: P ____ L ____ LR: P ____ L ____	<b>11</b> PL: P ____ L ____ SQ: P ____ L ____	<b>12</b> BR: P ____ L ____ TW: P ____ L ____	<b>13</b> PS: P ____ L ____ LR: P ____ L ____	<b>14</b> PL: P ____ L ____ SQ: P ____ L ____	<b>15</b> BR: P ____ L ____ TW: P ____ L ____	<b>16</b> REST
<b>17</b> PS: P ____ L ____ LR: P ____ L ____	<b>18</b> PL: P ____ L ____ SQ: P ____ L ____	<b>19</b> BR: P ____ L ____ TW: P ____ L ____	<b>20</b> PS: P ____ L ____ LR: P ____ L ____	<b>21</b> PL: P ____ L ____ SQ: P ____ L ____	<b>22</b> BR: P ____ L ____ TW: P ____ L ____	<b>23</b> REST
<b>24</b> PS: P ____ L ____ LR: P ____ L ____	<b>25</b> PL: P ____ L ____ SQ: P ____ L ____	<b>26</b> BR: P ____ L ____ TW: P ____ L ____	<b>27</b> PS: P ____ L ____ LR: P ____ L ____	<b>28</b> PL: P ____ L ____ SQ: P ____ L ____	<b>29</b> BR: P ____ L ____ TW: P ____ L ____	<b>30</b> REST
<b>31</b> PS: P ____ L ____ LR: P ____ L ____	<b>1</b> PL: P ____ L ____ SQ: P ____ L ____	<b>2</b> BR: P ____ L ____ TW: P ____ L ____	<b>3</b> PS: P ____ L ____ LR: P ____ L ____	<b>4</b> PL: P ____ L ____ SQ: P ____ L ____	<b>5</b> BR: P ____ L ____ TW: P ____ L ____	<b>6</b> REST

# February 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>31</b> PS: P ____ L ____ LR: P ____ L ____	<b>1</b> PL: P ____ L ____ SQ: P ____ L ____	<b>2</b> BR: P ____ L ____ TW: P ____ L ____	<b>3</b> PS: P ____ L ____ LR: P ____ L ____	<b>4</b> PL: P ____ L ____ SQ: P ____ L ____	<b>5</b> BR: P ____ L ____ TW: P ____ L ____	<b>6</b> REST
<b>7</b> PS: P ____ L ____ LR: P ____ L ____	<b>8</b> PL: P ____ L ____ SQ: P ____ L ____	<b>9</b> BR: P ____ L ____ TW: P ____ L ____	<b>10</b> PS: P ____ L ____ LR: P ____ L ____	<b>11</b> PL: P ____ L ____ SQ: P ____ L ____	<b>12</b> BR: P ____ L ____ TW: P ____ L ____	<b>13</b> REST
<b>14</b> PS: P ____ L ____ LR: P ____ L ____	<b>15</b> PL: P ____ L ____ SQ: P ____ L ____	<b>16</b> BR: P ____ L ____ TW: P ____ L ____	<b>17</b> PS: P ____ L ____ LR: P ____ L ____	<b>18</b> PL: P ____ L ____ SQ: P ____ L ____	<b>19</b> BR: P ____ L ____ TW: P ____ L ____	<b>20</b> REST
<b>21</b> PS: P ____ L ____ LR: P ____ L ____	<b>22</b> PL: P ____ L ____ SQ: P ____ L ____	<b>23</b> BR: P ____ L ____ TW: P ____ L ____	<b>24</b> PS: P ____ L ____ LR: P ____ L ____	<b>25</b> PL: P ____ L ____ SQ: P ____ L ____	<b>26</b> BR: P ____ L ____ TW: P ____ L ____	<b>27</b> REST
<b>28</b> PS: P ____ L ____ LR: P ____ L ____	<b>1</b> PL: P ____ L ____ SQ: P ____ L ____	<b>2</b> BR: P ____ L ____ TW: P ____ L ____	<b>3</b> PS: P ____ L ____ LR: P ____ L ____	<b>4</b> PL: P ____ L ____ SQ: P ____ L ____	<b>5</b> BR: P ____ L ____ TW: P ____ L ____	<b>6</b> REST
<b>7</b> PS: P ____ L ____ LR: P ____ L ____	<b>8</b> PL: P ____ L ____ SQ: P ____ L ____	<b>9</b> BR: P ____ L ____ TW: P ____ L ____	<b>10</b> PS: P ____ L ____ LR: P ____ L ____	<b>11</b> PL: P ____ L ____ SQ: P ____ L ____	<b>12</b> BR: P ____ L ____ TW: P ____ L ____	<b>13</b> REST

# March 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>28</b> PS: P ____ L ____ LR: P ____ L ____	<b>1</b> PL: P ____ L ____ SQ: P ____ L ____	<b>2</b> BR: P ____ L ____ TW: P ____ L ____	<b>3</b> PS: P ____ L ____ LR: P ____ L ____	<b>4</b> PL: P ____ L ____ SQ: P ____ L ____	<b>5</b> BR: P ____ L ____ TW: P ____ L ____	<b>6</b> REST
<b>7</b> PS: P ____ L ____ LR: P ____ L ____	<b>8</b> PL: P ____ L ____ SQ: P ____ L ____	<b>9</b> BR: P ____ L ____ TW: P ____ L ____	<b>10</b> PS: P ____ L ____ LR: P ____ L ____	<b>11</b> PL: P ____ L ____ SQ: P ____ L ____	<b>12</b> BR: P ____ L ____ TW: P ____ L ____	<b>13</b> REST
<b>14</b> PS: P ____ L ____ LR: P ____ L ____	<b>15</b> PL: P ____ L ____ SQ: P ____ L ____	<b>16</b> BR: P ____ L ____ TW: P ____ L ____	<b>17</b> PS: P ____ L ____ LR: P ____ L ____	<b>18</b> PL: P ____ L ____ SQ: P ____ L ____	<b>19</b> BR: P ____ L ____ TW: P ____ L ____	<b>20</b> REST
<b>21</b> PS: P ____ L ____ LR: P ____ L ____	<b>22</b> PL: P ____ L ____ SQ: P ____ L ____	<b>23</b> BR: P ____ L ____ TW: P ____ L ____	<b>24</b> PS: P ____ L ____ LR: P ____ L ____	<b>25</b> PL: P ____ L ____ SQ: P ____ L ____	<b>26</b> BR: P ____ L ____ TW: P ____ L ____	<b>27</b> REST
<b>28</b> PS: P ____ L ____ LR: P ____ L ____	<b>29</b> PL: P ____ L ____ SQ: P ____ L ____	<b>30</b> BR: P ____ L ____ TW: P ____ L ____	<b>31</b> PS: P ____ L ____ LR: P ____ L ____	<b>1</b> PL: P ____ L ____ SQ: P ____ L ____	<b>2</b> BR: P ____ L ____ TW: P ____ L ____	<b>3</b> REST
<b>4</b> PS: P ____ L ____ LR: P ____ L ____	<b>5</b> PL: P ____ L ____ SQ: P ____ L ____	<b>6</b> BR: P ____ L ____ TW: P ____ L ____	<b>7</b> PS: P ____ L ____ LR: P ____ L ____	<b>8</b> PL: P ____ L ____ SQ: P ____ L ____	<b>9</b> BR: P ____ L ____ TW: P ____ L ____	<b>10</b> REST

# April 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>28</b> PS: P ____ L ____ LR: P ____ L ____	<b>29</b> PL: P ____ L ____ SQ: P ____ L ____	<b>30</b> BR: P ____ L ____ TW: P ____ L ____	<b>31</b> PS: P ____ L ____ LR: P ____ L ____	<b>1</b> PL: P ____ L ____ SQ: P ____ L ____	<b>2</b> BR: P ____ L ____ TW: P ____ L ____	<b>3</b> REST
<b>4</b> PS: P ____ L ____ LR: P ____ L ____	<b>5</b> PL: P ____ L ____ SQ: P ____ L ____	<b>6</b> BR: P ____ L ____ TW: P ____ L ____	<b>7</b> PS: P ____ L ____ LR: P ____ L ____	<b>8</b> PL: P ____ L ____ SQ: P ____ L ____	<b>9</b> BR: P ____ L ____ TW: P ____ L ____	<b>10</b> REST
<b>11</b> PS: P ____ L ____ LR: P ____ L ____	<b>12</b> PL: P ____ L ____ SQ: P ____ L ____	<b>13</b> BR: P ____ L ____ TW: P ____ L ____	<b>14</b> PS: P ____ L ____ LR: P ____ L ____	<b>15</b> PL: P ____ L ____ SQ: P ____ L ____	<b>16</b> BR: P ____ L ____ TW: P ____ L ____	<b>17</b> REST
<b>18</b> PS: P ____ L ____ LR: P ____ L ____	<b>19</b> PL: P ____ L ____ SQ: P ____ L ____	<b>20</b> BR: P ____ L ____ TW: P ____ L ____	<b>21</b> PS: P ____ L ____ LR: P ____ L ____	<b>22</b> PL: P ____ L ____ SQ: P ____ L ____	<b>23</b> BR: P ____ L ____ TW: P ____ L ____	<b>24</b> REST
<b>25</b> PS: P ____ L ____ LR: P ____ L ____	<b>26</b> PL: P ____ L ____ SQ: P ____ L ____	<b>27</b> BR: P ____ L ____ TW: P ____ L ____	<b>28</b> PS: P ____ L ____ LR: P ____ L ____	<b>29</b> PL: P ____ L ____ SQ: P ____ L ____	<b>30</b> BR: P ____ L ____ TW: P ____ L ____	<b>1</b> REST
<b>2</b> PS: P ____ L ____ LR: P ____ L ____	<b>3</b> PL: P ____ L ____ SQ: P ____ L ____	<b>4</b> BR: P ____ L ____ TW: P ____ L ____	<b>5</b> PS: P ____ L ____ LR: P ____ L ____	<b>6</b> PL: P ____ L ____ SQ: P ____ L ____	<b>7</b> BR: P ____ L ____ TW: P ____ L ____	<b>8</b> REST

# May 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>25</b> PS: P ____ L ____ LR: P ____ L ____	<b>26</b> PL: P ____ L ____ SQ: P ____ L ____	<b>27</b> BR: P ____ L ____ TW: P ____ L ____	<b>28</b> PS: P ____ L ____ LR: P ____ L ____	<b>29</b> PL: P ____ L ____ SQ: P ____ L ____	<b>30</b> BR: P ____ L ____ TW: P ____ L ____	<b>1</b> REST
<b>2</b> PS: P ____ L ____ LR: P ____ L ____	<b>3</b> PL: P ____ L ____ SQ: P ____ L ____	<b>4</b> BR: P ____ L ____ TW: P ____ L ____	<b>5</b> PS: P ____ L ____ LR: P ____ L ____	<b>6</b> PL: P ____ L ____ SQ: P ____ L ____	<b>7</b> BR: P ____ L ____ TW: P ____ L ____	<b>8</b> REST
<b>9</b> PS: P ____ L ____ LR: P ____ L ____	<b>10</b> PL: P ____ L ____ SQ: P ____ L ____	<b>11</b> BR: P ____ L ____ TW: P ____ L ____	<b>12</b> PS: P ____ L ____ LR: P ____ L ____	<b>13</b> PL: P ____ L ____ SQ: P ____ L ____	<b>14</b> BR: P ____ L ____ TW: P ____ L ____	<b>15</b> REST
<b>16</b> PS: P ____ L ____ LR: P ____ L ____	<b>17</b> PL: P ____ L ____ SQ: P ____ L ____	<b>18</b> BR: P ____ L ____ TW: P ____ L ____	<b>19</b> PS: P ____ L ____ LR: P ____ L ____	<b>20</b> PL: P ____ L ____ SQ: P ____ L ____	<b>21</b> BR: P ____ L ____ TW: P ____ L ____	<b>22</b> REST
<b>23</b> PS: P ____ L ____ LR: P ____ L ____	<b>24</b> PL: P ____ L ____ SQ: P ____ L ____	<b>25</b> BR: P ____ L ____ TW: P ____ L ____	<b>26</b> PS: P ____ L ____ LR: P ____ L ____	<b>27</b> PL: P ____ L ____ SQ: P ____ L ____	<b>28</b> BR: P ____ L ____ TW: P ____ L ____	<b>29</b> REST
<b>30</b> PS: P ____ L ____ LR: P ____ L ____	<b>31</b> PL: P ____ L ____ SQ: P ____ L ____	<b>1</b> BR: P ____ L ____ TW: P ____ L ____	<b>2</b> PS: P ____ L ____ LR: P ____ L ____	<b>3</b> PL: P ____ L ____ SQ: P ____ L ____	<b>4</b> BR: P ____ L ____ TW: P ____ L ____	<b>5</b> REST

# June 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>30</b> PS: P ____ L ____ LR: P ____ L ____	<b>31</b> PL: P ____ L ____ SQ: P ____ L ____	<b>1</b> BR: P ____ L ____ TW: P ____ L ____	<b>2</b> PS: P ____ L ____ LR: P ____ L ____	<b>3</b> PL: P ____ L ____ SQ: P ____ L ____	<b>4</b> BR: P ____ L ____ TW: P ____ L ____	<b>5</b> REST
<b>6</b> PS: P ____ L ____ LR: P ____ L ____	<b>7</b> PL: P ____ L ____ SQ: P ____ L ____	<b>8</b> BR: P ____ L ____ TW: P ____ L ____	<b>9</b> PS: P ____ L ____ LR: P ____ L ____	<b>10</b> PL: P ____ L ____ SQ: P ____ L ____	<b>11</b> BR: P ____ L ____ TW: P ____ L ____	<b>12</b> REST
<b>13</b> PS: P ____ L ____ LR: P ____ L ____	<b>14</b> PL: P ____ L ____ SQ: P ____ L ____	<b>15</b> BR: P ____ L ____ TW: P ____ L ____	<b>16</b> PS: P ____ L ____ LR: P ____ L ____	<b>17</b> PL: P ____ L ____ SQ: P ____ L ____	<b>18</b> BR: P ____ L ____ TW: P ____ L ____	<b>19</b> REST
<b>20</b> PS: P ____ L ____ LR: P ____ L ____	<b>21</b> PL: P ____ L ____ SQ: P ____ L ____	<b>22</b> BR: P ____ L ____ TW: P ____ L ____	<b>23</b> PS: P ____ L ____ LR: P ____ L ____	<b>24</b> PL: P ____ L ____ SQ: P ____ L ____	<b>25</b> BR: P ____ L ____ TW: P ____ L ____	<b>26</b> REST
<b>27</b> PS: P ____ L ____ LR: P ____ L ____	<b>28</b> PL: P ____ L ____ SQ: P ____ L ____	<b>29</b> BR: P ____ L ____ TW: P ____ L ____	<b>30</b> PS: P ____ L ____ LR: P ____ L ____	<b>1</b> PL: P ____ L ____ SQ: P ____ L ____	<b>2</b> BR: P ____ L ____ TW: P ____ L ____	<b>3</b> REST
<b>4</b> PS: P ____ L ____ LR: P ____ L ____	<b>5</b> PL: P ____ L ____ SQ: P ____ L ____	<b>6</b> BR: P ____ L ____ TW: P ____ L ____	<b>7</b> PS: P ____ L ____ LR: P ____ L ____	<b>8</b> PL: P ____ L ____ SQ: P ____ L ____	<b>9</b> BR: P ____ L ____ TW: P ____ L ____	<b>10</b> REST

# July 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>27</b> PS: P ____ L ____ LR: P ____ L ____	<b>28</b> PL: P ____ L ____ SQ: P ____ L ____	<b>29</b> BR: P ____ L ____ TW: P ____ L ____	<b>30</b> PS: P ____ L ____ LR: P ____ L ____	<b>1</b> PL: P ____ L ____ SQ: P ____ L ____	<b>2</b> BR: P ____ L ____ TW: P ____ L ____	<b>3</b> REST
<b>4</b> PS: P ____ L ____ LR: P ____ L ____	<b>5</b> PL: P ____ L ____ SQ: P ____ L ____	<b>6</b> BR: P ____ L ____ TW: P ____ L ____	<b>7</b> PS: P ____ L ____ LR: P ____ L ____	<b>8</b> PL: P ____ L ____ SQ: P ____ L ____	<b>9</b> BR: P ____ L ____ TW: P ____ L ____	<b>10</b> REST
<b>11</b> PS: P ____ L ____ LR: P ____ L ____	<b>12</b> PL: P ____ L ____ SQ: P ____ L ____	<b>13</b> BR: P ____ L ____ TW: P ____ L ____	<b>14</b> PS: P ____ L ____ LR: P ____ L ____	<b>15</b> PL: P ____ L ____ SQ: P ____ L ____	<b>16</b> BR: P ____ L ____ TW: P ____ L ____	<b>17</b> REST
<b>18</b> PS: P ____ L ____ LR: P ____ L ____	<b>19</b> PL: P ____ L ____ SQ: P ____ L ____	<b>20</b> BR: P ____ L ____ TW: P ____ L ____	<b>21</b> PS: P ____ L ____ LR: P ____ L ____	<b>22</b> PL: P ____ L ____ SQ: P ____ L ____	<b>23</b> BR: P ____ L ____ TW: P ____ L ____	<b>24</b> REST
<b>25</b> PS: P ____ L ____ LR: P ____ L ____	<b>26</b> PL: P ____ L ____ SQ: P ____ L ____	<b>27</b> BR: P ____ L ____ TW: P ____ L ____	<b>28</b> PS: P ____ L ____ LR: P ____ L ____	<b>29</b> PL: P ____ L ____ SQ: P ____ L ____	<b>30</b> BR: P ____ L ____ TW: P ____ L ____	<b>31</b> REST
<b>1</b> PS: P ____ L ____ LR: P ____ L ____	<b>2</b> PL: P ____ L ____ SQ: P ____ L ____	<b>3</b> BR: P ____ L ____ TW: P ____ L ____	<b>4</b> PS: P ____ L ____ LR: P ____ L ____	<b>5</b> PL: P ____ L ____ SQ: P ____ L ____	<b>6</b> BR: P ____ L ____ TW: P ____ L ____	<b>7</b> REST

# August 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>1</b> PS: P ____ L ____ LR: P ____ L ____	<b>2</b> PL: P ____ L ____ SQ: P ____ L ____	<b>3</b> BR: P ____ L ____ TW: P ____ L ____	<b>4</b> PS: P ____ L ____ LR: P ____ L ____	<b>5</b> PL: P ____ L ____ SQ: P ____ L ____	<b>6</b> BR: P ____ L ____ TW: P ____ L ____	<b>7</b> REST
<b>8</b> PS: P ____ L ____ LR: P ____ L ____	<b>9</b> PL: P ____ L ____ SQ: P ____ L ____	<b>10</b> BR: P ____ L ____ TW: P ____ L ____	<b>11</b> PS: P ____ L ____ LR: P ____ L ____	<b>12</b> PL: P ____ L ____ SQ: P ____ L ____	<b>13</b> BR: P ____ L ____ TW: P ____ L ____	<b>14</b> REST
<b>15</b> PS: P ____ L ____ LR: P ____ L ____	<b>16</b> PL: P ____ L ____ SQ: P ____ L ____	<b>17</b> BR: P ____ L ____ TW: P ____ L ____	<b>18</b> PS: P ____ L ____ LR: P ____ L ____	<b>19</b> PL: P ____ L ____ SQ: P ____ L ____	<b>20</b> BR: P ____ L ____ TW: P ____ L ____	<b>21</b> REST
<b>22</b> PS: P ____ L ____ LR: P ____ L ____	<b>23</b> PL: P ____ L ____ SQ: P ____ L ____	<b>24</b> BR: P ____ L ____ TW: P ____ L ____	<b>25</b> PS: P ____ L ____ LR: P ____ L ____	<b>26</b> PL: P ____ L ____ SQ: P ____ L ____	<b>27</b> BR: P ____ L ____ TW: P ____ L ____	<b>28</b> REST
<b>29</b> PS: P ____ L ____ LR: P ____ L ____	<b>30</b> PL: P ____ L ____ SQ: P ____ L ____	<b>31</b> BR: P ____ L ____ TW: P ____ L ____	<b>1</b> PS: P ____ L ____ LR: P ____ L ____	<b>2</b> PL: P ____ L ____ SQ: P ____ L ____	<b>3</b> BR: P ____ L ____ TW: P ____ L ____	<b>4</b> REST
<b>5</b> PS: P ____ L ____ LR: P ____ L ____	<b>6</b> PL: P ____ L ____ SQ: P ____ L ____	<b>7</b> BR: P ____ L ____ TW: P ____ L ____	<b>8</b> PS: P ____ L ____ LR: P ____ L ____	<b>9</b> PL: P ____ L ____ SQ: P ____ L ____	<b>10</b> BR: P ____ L ____ TW: P ____ L ____	<b>11</b> REST



# September 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>29</b> PS: P ____ L ____ LR: P ____ L ____	<b>30</b> PL: P ____ L ____ SQ: P ____ L ____	<b>31</b> BR: P ____ L ____ TW: P ____ L ____	<b>1</b> PS: P ____ L ____ LR: P ____ L ____	<b>2</b> PL: P ____ L ____ SQ: P ____ L ____	<b>3</b> BR: P ____ L ____ TW: P ____ L ____	<b>4</b> REST
<b>5</b> PS: P ____ L ____ LR: P ____ L ____	<b>6</b> PL: P ____ L ____ SQ: P ____ L ____	<b>7</b> BR: P ____ L ____ TW: P ____ L ____	<b>8</b> PS: P ____ L ____ LR: P ____ L ____	<b>9</b> PL: P ____ L ____ SQ: P ____ L ____	<b>10</b> BR: P ____ L ____ TW: P ____ L ____	<b>11</b> REST
<b>12</b> PS: P ____ L ____ LR: P ____ L ____	<b>13</b> PL: P ____ L ____ SQ: P ____ L ____	<b>14</b> BR: P ____ L ____ TW: P ____ L ____	<b>15</b> PS: P ____ L ____ LR: P ____ L ____	<b>16</b> PL: P ____ L ____ SQ: P ____ L ____	<b>17</b> BR: P ____ L ____ TW: P ____ L ____	<b>18</b> REST
<b>19</b> PS: P ____ L ____ LR: P ____ L ____	<b>20</b> PL: P ____ L ____ SQ: P ____ L ____	<b>21</b> BR: P ____ L ____ TW: P ____ L ____	<b>22</b> PS: P ____ L ____ LR: P ____ L ____	<b>23</b> PL: P ____ L ____ SQ: P ____ L ____	<b>24</b> BR: P ____ L ____ TW: P ____ L ____	<b>25</b> REST
<b>26</b> PS: P ____ L ____ LR: P ____ L ____	<b>27</b> PL: P ____ L ____ SQ: P ____ L ____	<b>28</b> BR: P ____ L ____ TW: P ____ L ____	<b>29</b> PS: P ____ L ____ LR: P ____ L ____	<b>30</b> PL: P ____ L ____ SQ: P ____ L ____	<b>1</b> BR: P ____ L ____ TW: P ____ L ____	<b>2</b> REST
<b>3</b> PS: P ____ L ____ LR: P ____ L ____	<b>4</b> PL: P ____ L ____ SQ: P ____ L ____	<b>5</b> BR: P ____ L ____ TW: P ____ L ____	<b>6</b> PS: P ____ L ____ LR: P ____ L ____	<b>7</b> PL: P ____ L ____ SQ: P ____ L ____	<b>8</b> BR: P ____ L ____ TW: P ____ L ____	<b>9</b> REST

# October 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>26</b> PS: P ____ L ____ LR: P ____ L ____	<b>27</b> PL: P ____ L ____ SQ: P ____ L ____	<b>28</b> BR: P ____ L ____ TW: P ____ L ____	<b>29</b> PS: P ____ L ____ LR: P ____ L ____	<b>30</b> PL: P ____ L ____ SQ: P ____ L ____	<b>1</b> BR: P ____ L ____ TW: P ____ L ____	<b>2</b> REST
<b>3</b> PS: P ____ L ____ LR: P ____ L ____	<b>4</b> PL: P ____ L ____ SQ: P ____ L ____	<b>5</b> BR: P ____ L ____ TW: P ____ L ____	<b>6</b> PS: P ____ L ____ LR: P ____ L ____	<b>7</b> PL: P ____ L ____ SQ: P ____ L ____	<b>8</b> BR: P ____ L ____ TW: P ____ L ____	<b>9</b> REST
<b>10</b> PS: P ____ L ____ LR: P ____ L ____	<b>11</b> PL: P ____ L ____ SQ: P ____ L ____	<b>12</b> BR: P ____ L ____ TW: P ____ L ____	<b>13</b> PS: P ____ L ____ LR: P ____ L ____	<b>14</b> PL: P ____ L ____ SQ: P ____ L ____	<b>15</b> BR: P ____ L ____ TW: P ____ L ____	<b>16</b> REST
<b>17</b> PS: P ____ L ____ LR: P ____ L ____	<b>18</b> PL: P ____ L ____ SQ: P ____ L ____	<b>19</b> BR: P ____ L ____ TW: P ____ L ____	<b>20</b> PS: P ____ L ____ LR: P ____ L ____	<b>21</b> PL: P ____ L ____ SQ: P ____ L ____	<b>22</b> BR: P ____ L ____ TW: P ____ L ____	<b>23</b> REST
<b>24</b> PS: P ____ L ____ LR: P ____ L ____	<b>25</b> PL: P ____ L ____ SQ: P ____ L ____	<b>26</b> BR: P ____ L ____ TW: P ____ L ____	<b>27</b> PS: P ____ L ____ LR: P ____ L ____	<b>28</b> PL: P ____ L ____ SQ: P ____ L ____	<b>29</b> BR: P ____ L ____ TW: P ____ L ____	<b>30</b> REST
<b>31</b> PS: P ____ L ____ LR: P ____ L ____	<b>1</b> PL: P ____ L ____ SQ: P ____ L ____	<b>2</b> BR: P ____ L ____ TW: P ____ L ____	<b>3</b> PS: P ____ L ____ LR: P ____ L ____	<b>4</b> PL: P ____ L ____ SQ: P ____ L ____	<b>5</b> BR: P ____ L ____ TW: P ____ L ____	<b>6</b> REST

# November 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>31</b> PS: P ____ L ____ LR: P ____ L ____	<b>1</b> PL: P ____ L ____ SQ: P ____ L ____	<b>2</b> BR: P ____ L ____ TW: P ____ L ____	<b>3</b> PS: P ____ L ____ LR: P ____ L ____	<b>4</b> PL: P ____ L ____ SQ: P ____ L ____	<b>5</b> BR: P ____ L ____ TW: P ____ L ____	<b>6</b> REST
<b>7</b> PS: P ____ L ____ LR: P ____ L ____	<b>8</b> PL: P ____ L ____ SQ: P ____ L ____	<b>9</b> BR: P ____ L ____ TW: P ____ L ____	<b>10</b> PS: P ____ L ____ LR: P ____ L ____	<b>11</b> PL: P ____ L ____ SQ: P ____ L ____	<b>12</b> BR: P ____ L ____ TW: P ____ L ____	<b>13</b> REST
<b>14</b> PS: P ____ L ____ LR: P ____ L ____	<b>15</b> PL: P ____ L ____ SQ: P ____ L ____	<b>16</b> BR: P ____ L ____ TW: P ____ L ____	<b>17</b> PS: P ____ L ____ LR: P ____ L ____	<b>18</b> PL: P ____ L ____ SQ: P ____ L ____	<b>19</b> BR: P ____ L ____ TW: P ____ L ____	<b>20</b> REST
<b>21</b> PS: P ____ L ____ LR: P ____ L ____	<b>22</b> PL: P ____ L ____ SQ: P ____ L ____	<b>23</b> BR: P ____ L ____ TW: P ____ L ____	<b>24</b> PS: P ____ L ____ LR: P ____ L ____	<b>25</b> PL: P ____ L ____ SQ: P ____ L ____	<b>26</b> BR: P ____ L ____ TW: P ____ L ____	<b>27</b> REST
<b>28</b> PS: P ____ L ____ LR: P ____ L ____	<b>29</b> PL: P ____ L ____ SQ: P ____ L ____	<b>30</b> BR: P ____ L ____ TW: P ____ L ____	<b>1</b> PS: P ____ L ____ LR: P ____ L ____	<b>2</b> PL: P ____ L ____ SQ: P ____ L ____	<b>3</b> BR: P ____ L ____ TW: P ____ L ____	<b>4</b> REST
<b>5</b> PS: P ____ L ____ LR: P ____ L ____	<b>6</b> PL: P ____ L ____ SQ: P ____ L ____	<b>7</b> BR: P ____ L ____ TW: P ____ L ____	<b>8</b> PS: P ____ L ____ LR: P ____ L ____	<b>9</b> PL: P ____ L ____ SQ: P ____ L ____	<b>10</b> BR: P ____ L ____ TW: P ____ L ____	<b>11</b> REST

# December 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>28</b> PS: P ____ L ____ LR: P ____ L ____	<b>29</b> PL: P ____ L ____ SQ: P ____ L ____	<b>30</b> BR: P ____ L ____ TW: P ____ L ____	<b>1</b> PS: P ____ L ____ LR: P ____ L ____	<b>2</b> PL: P ____ L ____ SQ: P ____ L ____	<b>3</b> BR: P ____ L ____ TW: P ____ L ____	<b>4</b> REST
<b>5</b> PS: P ____ L ____ LR: P ____ L ____	<b>6</b> PL: P ____ L ____ SQ: P ____ L ____	<b>7</b> BR: P ____ L ____ TW: P ____ L ____	<b>8</b> PS: P ____ L ____ LR: P ____ L ____	<b>9</b> PL: P ____ L ____ SQ: P ____ L ____	<b>10</b> BR: P ____ L ____ TW: P ____ L ____	<b>11</b> REST
<b>12</b> PS: P ____ L ____ LR: P ____ L ____	<b>13</b> PL: P ____ L ____ SQ: P ____ L ____	<b>14</b> BR: P ____ L ____ TW: P ____ L ____	<b>15</b> PS: P ____ L ____ LR: P ____ L ____	<b>16</b> PL: P ____ L ____ SQ: P ____ L ____	<b>17</b> BR: P ____ L ____ TW: P ____ L ____	<b>18</b> REST
<b>19</b> PS: P ____ L ____ LR: P ____ L ____	<b>20</b> PL: P ____ L ____ SQ: P ____ L ____	<b>21</b> BR: P ____ L ____ TW: P ____ L ____	<b>22</b> PS: P ____ L ____ LR: P ____ L ____	<b>23</b> PL: P ____ L ____ SQ: P ____ L ____	<b>24</b> BR: P ____ L ____ TW: P ____ L ____	<b>25</b> REST
<b>26</b> PS: P ____ L ____ LR: P ____ L ____	<b>27</b> PL: P ____ L ____ SQ: P ____ L ____	<b>28</b> BR: P ____ L ____ TW: P ____ L ____	<b>29</b> PS: P ____ L ____ LR: P ____ L ____	<b>30</b> PL: P ____ L ____ SQ: P ____ L ____	<b>31</b> BR: P ____ L ____ TW: P ____ L ____	<b>1</b> REST
<b>2</b> PS: P ____ L ____ LR: P ____ L ____	<b>3</b> PL: P ____ L ____ SQ: P ____ L ____	<b>4</b> BR: P ____ L ____ TW: P ____ L ____	<b>5</b> PS: P ____ L ____ LR: P ____ L ____	<b>6</b> PL: P ____ L ____ SQ: P ____ L ____	<b>7</b> BR: P ____ L ____ TW: P ____ L ____	<b>8</b> REST